

Clinical evaluation of the efficacy of *Vajraka ghrta* in management of *Vicharchika* (atopic dermatitis/eczema) – A single arm clinical study

Research Article

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Abstract

Background: Ayurveda, an ancient medical science, offers profound insights into skin health through its understanding of "*Kushtha*," a term encompassing various skin ailments. Ayurvedic texts detail the etiology, classification, prognosis, and treatment modalities for *Kushtha*, highlighting the significance of "*Ghritakalpana*" in its management. *Ghritakalpanas*, medicated ghee formulations, hold particular importance in *Kushtha* treatment. **Material and Methods:** This study delves into the efficacy of "*Vajraka Ghrta*," a specific *Ghritakalpana* mentioned in classical Ayurvedic texts, in managing "*Vicharchika*" - a type of *Kshudrakushtha* akin to Atopic Dermatitis/Eczema in modern medicine. The research methodology involves a comprehensive review of classical Ayurvedic literature to elucidate the conceptual framework of *Ghritakalpana* in *Kushtha* management. Additionally, clinical evaluation of *Vajraka Ghrta's* efficacy in *Vicharchika* management is conducted through a structured study design. It was a single arm clinical study with 40 subjects. The dose was 10 gms twice a day before meal with lukewarm water for a month. **Results and Discussion:** Preliminary findings indicate promising outcomes regarding the efficacy of *Vajraka Ghrta* in managing *Vicharchika*. By addressing symptoms such as severe itching, lichenification, and dryness, *Vajraka Ghrta* demonstrates potential as an adjunctive therapy for Atopic Dermatitis/Eczema. *Vajraka Ghrta* has very effective in treatment of *Vicharchika* about 7 patients having Marked relief which was >75%, 29 patients having Moderate relief about 50-75%, 3 patients having Mild relief 25-50%, 1 patient having no relief i.e. < 25%. Further analysis and clinical trials are necessary to validate these findings and elucidate the mechanisms underlying *Ghritakalpana's* therapeutic effects. This study underscores the relevance of integrating ancient Ayurvedic wisdom with modern medical approaches for comprehensive healthcare delivery.

Keywords: Atopic dermatitis, *Ghritakalpana*, *Kushtha*, *Vajraka ghrta*, *Vicharchika*.

Introduction

The Healthy skin is one of the greatest achievements of an individual in order to live confidently in Society. In present Era, Skin is the protective covering of an individual which is responsible for its protection from Heat, Cold, External, Environmental barriers.

Skin is an important reflection of our overall Health and well being. Healthy – Beautiful skin relies on well nourished, well-rested active body and mind. For Healthy skin that glows, it is important to improve the overall skin Health from the inside out. Skin problems are more than just Facial blemishes and

marks. They affect the overall quality of life and Health and may worsen if left unchecked. They may cause Social and Emotional distress leading to low self-esteem and confidence. These problems affect work productivity and may lead to Anxiety and Depression and affect Healthy Functioning of skin. Ayurveda the medical science has a lot of precious knowledge and remedies embedded in it. Ayurveda considered the skin problems under the term "*Kushtha*". Ayurveda has a deep theory related to '*Kushtha*' along with its thorough treatment. *Kushtha* is explained as 'The condition caused due to vitiation as well as discolouration of the skin'. Acharya Charaka and Sushruta has explained "*Saptakodravya*" (combination of seven bodily elements) i.e. *Tvaka* (skin), *Rakta* (blood elements), *Mamsa* (muscle tissue), *Lasika* (lymph) along with *Tridoshdushti* (vitiation of three bodily elements), responsible for the etiopathogenesis of *Kushtha*.⁽¹⁾ All the details about the etiopathogenesis of *Kushtha*, classifications, prognosis, treatment of *Kushtha* are described in Ayurveda literature. One of the treatments which are precisely used nowadays by Ayurvedic

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practitioners for 'Kushtha' is 'Ghritakalpana' (medicated clarified butter). 'Ghritakalpanas' are drug of choice in *Kushtha* rather than any other disease. So it is our duty to highlight such *Ghritakalpanas* in all aspects regarding their Ingredients, Doses, Anupana, Uses, *Karmukata* (action) etc. There are many *Ghritas* like *Tiktashatapal Ghrita*, *Mahatikta Ghrita*, *Panchatikta Ghrita*, *Khadiradi Ghrita*, *Mahavajrak Ghrita*, *Vajrak Ghrita*, *Amrita Ghrita*, *Panchatikta Ghrita Guggulu* etc. are widely used in treatment of *Kushtha*. So it is important to study role of *Ghrita* in management of Skin Disorders. 'Vajraka Ghrita' is one of the *Ghritakalpana* mentioned in treatment of *Kushtha* by *Ashtang Hridayam* (2) and other classical texts. Like *Vangasena Samhita*, *Chakradatta* etc. *Vicharchika* (Atopic dermatitis) is the type of *Kshudrakushtha* (minor skin ailment) which is characterized by presence of severe Itching, Lichenification, Oozing, Dryness, and Blackishness etc. *Vicharchika* in Ayurveda may be correlated with Atopic Dermatitis / Eczema in modern medical science. Atopic Dermatitis / Eczema is an allergic Condition that is characterized by presence of family Atopic histories, Pruritus, Vesicles etc. Excoriations, Weeping, Crusting may be predominant. (3)

3% of world population is suffering from Atopic Dermatitis/Eczema. (4) So in order to study *Kushtha* thoroughly in terms of the *Nidanpanchaka* (5 components in diagnosing disease) treatment and study the *Ghritakalpanas* critically along with *Vicharchika*. Ayurvedic view and Atopic Dermatitis /Eczema thoroughly; to study and evaluate the efficacy of Vajraka Ghrita on Vicharchika present study was done and entitled as 'Conceptual study of Ghritakalpana in Kushtha and clinical evaluation of "Vajraka Ghrita" in management of Vicharchika (Atopic Dermatitis/ Eczema)'.

Aims and Objectives

- To study the concept of *Ghritakalpana* in *Kushtha* and to evaluate *Vajraka Ghrita* clinically in *Vicharchika*.
- To form the Conceptual base of *Ghritakalpanas* in treatment of *Kushtha*.
- To study *Vicharchika* according to Ayurveda and Atopic Dermatitis/Eczema according to Modern Medicine in detail.
- To assess the efficacy of 'Vajraka Ghrita' as a 'Shamana Sneha'
- To evaluate the remission of the symptoms of *Vicharchika*/Atopic Dermatitis in patients treated with *Vajraka Ghrita*

Hypothesis

- Null hypothesis (h_0): *Vajraka ghrita* has no effect on *Vicharchika*
- Alternate hypothesis (h_A): *Vajraka ghrita* has effect on *Vicharchika*.

Review of Literature Ghrita

All the Aacharyas while explaining about the etiopathogenesis of diseases has explained that all the diseases occurs due to disturbance in *Jatharagni* (Digestive Fire) and *Dhatvagni* (metabolisms) so to hamper the process of establishment of disease- the correction and aggravation of disturbed *Agni* (digestive fire) is necessary. Taking this as a base Aacharya might have described *Ghritakalpanas* and *Snehapan* (intake of oil) as a primary treatment in *Kushtha*.

Ghrita is explained as the Ingestion of Ghee is like offering the finest fuels into the fires of Digestion i.e. *Agni*. *Ghrita* is explained as *Amrita* (ambrosia) essential for lives by Ancient Aacharyas which is used to aggravate Holy Fire as well i.e. *Havana*.

In accordance with this, *Ghrita* builds the Aura, makes all organs soft, builds up the internal juices of the body- *Rasa* which are destroyed Aging and increases the most refined element of Digestion, *Shukra* (semen) or *Ojas* (immune system), the underlying basis of all Immunity and the essence of body tissues.(5)

Latin Name of *Ghrita* is *Butyrum Penataru* included in *Gana* (Group) named *Madhur Skandha* (sweet taste origin medicine). Properties are *Madhura* (sweet), *Snigdha* (oily), *Guru* (heavy), *Sheeta* (cold) and *Katu* (pungent) *vipaki* with *Tridoshaghna* action. *Rasayana*, *Vajikara*, *Rasa Vardhaka*, *Svarya*, *Varnya*, It is beneficial for *Oja*, *Medha*, *Smriti*, *Agni*, *Indriyabala*. It is useful in *Bala*, *Vridhdha*, *Aabala* and *Kshina*. (6)

The Skin not only protects the body but also performs some Excretory and Metabolic functions. It is a link between Internal and External Environment and is also a seat of complexion which maintains Beauty and Personality.

Changes in Skin colour may indicate Homeostatic Imbalance in the body. Diseases of Skin are a common occurrence as latest survey displays that a very large proportion of the population suffers from Skin diseases. So important is the Skin to one's image that people spend much time and money to restore skin to a more normal and youthful appearance.

In Ayurveda almost all the Skin diseases have explained by various Aacharyas under the heading "Kushtha". Ayurveda has a very scientific and skillful approach for the treatment and diagnosis of Skin diseases i.e. *Kushthas*.

There are so many remedies explained in *Kushtha-chikitsa* (treatment protocol for skin diseases) out of which *Ghritakalpanas* explained in *Kushtha* are widely used by Ayurvedic practitioners in contrast to this Aacharya Charaka explained in *Apasmara Nidan Adhyay*- "*Havishprashat Kushtha Prameha*" (intake of clarified butter used in offerings in sacred fire causes skin diseases and diabetes) but practically the consumption of *Ghritas* mentioned in *Kushthachikitsa* by *Kushtharogi* (skin disease sufferer) shows improvement of *Kushtha* i.e. Skin diseases many times.(7)

So in order to explain the role of *Ghritas* Consumption in *Kushtha* i.e. Skin disease and role of Vajraka Ghrita in Vicharchika (Atopic Dermatitis)

details study of Kushtha including Vicharchika and Ghritakalpana is needed.

Samprapti Ghataka (8)

Doshas are Tridosha. Dushya are Tvak, Rakta, Mansa, Lasika. Strotas involved are Rasa, Rakta, Mansa, Udakavaha Agnidushti occurred at Jatharagni, Dhatvagnimandya.

Rogamarga is Bahya (Tiryagsira sanchar). Swabhava is Chirkari (chronic). Adhishthana is Tvacha.

Materials and Methods

Vajraka Ghrita (9)

The Ghrita was prepared as per reference from Ashtang Hriday Chikitsasthan 19 i.e. *Kushtha Chikitsa Adhyay*. The Ingredients of *Vajraka Ghrita* were as follows:

- *Vasa (Adhatoda vasica Linn.)*: 1P – 1 kg
- *Amrita (Tinospora cordifolia (Willd.))*: 1P - 1 kg
- *Nimba (Azadirachta indica A. Juss)*: 1P - 1 kg
- *Patol (Trichosanthes dioica Roxb)*: 1P - 1 kg
- *Vara (Emblica officinalis Gaertn, Terminalia bellirica (Gaertn.) Roxb Terminalia chebula Retz)*: 1P - 1 kg
- *Vyaghri (Solanum surattense Burm)*: 1P - 1 kg
- *Karanj (Pongamia pinnata(Linn.) Merr.)*: 1P - 1 kg
- *Ghrita* :28P – 28 kg

Kalka

Each drug was taken in equal part i.e. 7 part of *Kalka* (paste) was prepared after proper identification of drugs i.e. Fresh Herbs.

Sneha Dravya

Ghrita i.e. “*Goghrita*” was used as a Sneha dravya in 28 parts.

Drava Dravya

The *kwatha* (Decoction) and medicated clarified butter prepared from all the above 7 dravyas by procedure of making decoction as per acharya sharangadhara.

Drug Administration Details

Vajraka Ghrita had been chosen for management of “Vicharchika” and used as a shaman sneha.

- **Drug Dose** - 10 gm twice a day
- **Time of Drug** - Before meal when one feels hungry.
- **Route of Administration** : Oral
- **Duration of Treatment** :

Treatment was done for 1 months (30 days) follow up was taken at every 7th, 14th and 21st day and last day of treatment for the duration of one month.

Source of Data

Patient of either sex coming to the OPD and IPD of this Hospital having complaints of *Vicharchika* (Atopic Dermatitis/Eczema).

Total 40 patients were selected for study under a single group.

Criteria for Selection of Patients

The patient presenting with the signs and symptoms of *Vicharchika* (Atopic Dermatitis/Eczema). The main criteria for diagnosis was the presence of clinical symptoms and signs like *Kandu* (Pruritus), *Pidaka* (Lichenification, Pustules etc) *Shyava* (Blackish Discolouration), *Bahustrava* (Oozing); which are nothing but the symptoms and signs of *Vicharchika* mentioned in classical texts.

Inclusion Criteria

- Patients presenting with clinical features of *Vicharchika* (Atopic Dermatitis/Eczema)
- Patients of either sex of age group 16 years above .
- Patients fit for intake of medicated clarified butter and ready for the research study.

Exclusion Criteria

- Lactating and pregnant women
- Patients on oral Corticosteroid treatment
- Lesions with Secondary Infection
- Patients suffering from Systemic disorders which interface with the course of treatments like Diabetes, Vericosity, Venous ulcers.
- Patients with Blood Coagulopathic disorders.

Sample Size

A single group of 40 patients fulfilling Diagnostic criteria was selected after prior consent.

Investigation

Routine blood investigations like Hb%, TLC, DLC, ESR, RBS were done before treatment to rule out pathologies.

Criteria of Assessment

The assessment was done on the basis of the following subjectives and objective parameters before and after treatment and during follow up.

Subjective Parameters

- *Kandu* (Itching)
- *Pidika* (papules)
- *Strava* (discharge)

Grading Parameters

Kandu (Itching)

- 0. Score: No Itching
- 1. Score: Mild itching (Can be tolerated)
- 2. Score: Moderate Itching (cannot be tolerated with mild excoriation)
- 3. Score: Severe Eruptions occurs in massive cluster.

Pidaka (Eruptions/Papulation)

- 0. Score: No Eruption
- 1. Score: Mild, Discreat eruption without clustering
- 2. Score: Moderate with eruptions occurring in small cluster.
- 3. Score: Severe eruptions occurring in massive cluster.

Strava (discharge)

- 0. Score: No Discharge
- 1. Score: Mild Discharge, Appear mildly moist
- 2. Score: Moderate, Increased discharge where patients have to use cloths to keep dry.
- 3. Score: Severe, Profused Discharge, patient not able to control with cloths.

Result Assessment

Assessment of result was done detailed proforma adopting standard method of scoring of grading parameters and was statistically analyzed. The appropriate tests were used as per methods. Changes in clinical features of Vicharchika before and after treatment.

The results were categorised as

- Marked Relief: Above 75% Improvement
- Moderate Relief: 50 – 75% Improvement
- Mild Relief: 20 – 50% Improvement
- No Relief: Below 25% Improvement (10)

Effect of Vajraka Ghrta on Vicharchika

Figure 1: Before Treatment Figure 2: After treatment



Observations and Results

Effect of Therapy-Vajraka Ghrta on Vicharchika:-

Effect of Therapy - Statistical Analysis

Table 2: Effect of Vajraka Ghrta on Kandu

Sample Size	Chief Complaint	Mean		Mean Diff.	Sem.	Df.	t ₀	p.
		BT	AT					
40	Kandu	2.45	0.625	-1.825	79158	39	23.055	0.000

At the end of the treatment schedule, the effect of drug was assessed on Kandu (Itching) which was amongst the chief complaints. As shown in Table as the t₀ is 23.055088 which is > 1.96 so we reject the Null Hypothesis i.e. Vajraka Ghrta has no effect on Kandu. Vajraka Ghrta has highly significant results in Kandu.

Effect of Vajraka Ghrta on Pidaka in Vicharchika Patients

At the end of the treatment Schedule, i.e. Vajraka Ghrta consumption as a Shaman Sneha, the effect was assessed statistically on Pidaka (Lichenification) which was amongst chief complaint.

Table 3: Effect of Vajraka Ghrta on Pidaka

Sample Size	Chief Complaint	Mean		Mean Diff.	Sem.	Df.	t ₀	p.
		BT	AT					
40	Pidaka	2.225	1.55	-0.675	0.097319	39	6.93589	0.000

As shown in above table as t₀ is 6.93589 which is > 1.96 so we reject Null Hypothesis that Vajraka Ghrta has no effect on Pidaka. Thus Vajraka Ghrta has significant effect on Pidaka.

In this study, the effect of Vajraka Ghrta as a Shaman Sneha was studied in 40 patients suffering from Vicharchika (Atopic Dermatitis / Eczema), fulfilling the inclusion criteria.

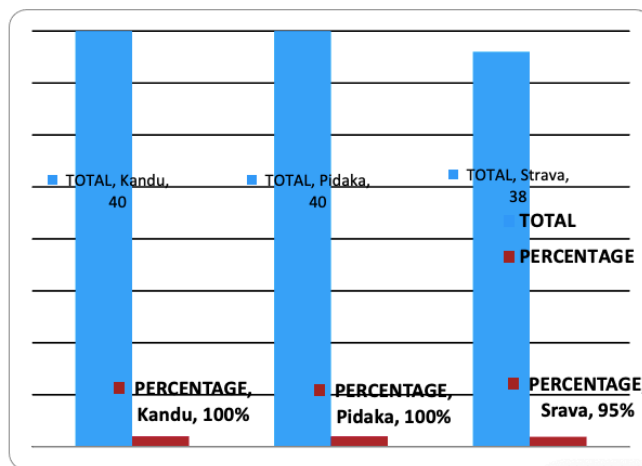
During the study, the observations were made before and after the treatment and after the follow up.

- Number of Patients registered for the study: 40
- Number of Patients completed the study: 40
- Number of Drop out: 00

Table 1: Distribution of 40 patients according to the presenting complaint

Presenting complaints	Total	Percentage
Kandu	40	100%
Pidaka	40	100%
Strava	38	95%

Graph 1



In this series Kandu and Pidaka was a chief presenting complaint in all 40(100%) patients followed by strava as a complaint was present in 38 (95%) patients.

Effect of *Vajraka Ghrita* on *Strava* (Oozing) in *Vicharchika*

The effect of *Vajraka Ghrita* on *Strava* in *Vicharchika* from the series of 40 patients was assessed statistically as follows:

Table 4: Effect of *Vajraka Ghrita* on *Strava* (Oozing)

Sample Size	Chief Complaint	Mean		Mean Diff.	Sem.	Df.	t.	p.
		BT	AT					
40	<i>Strava</i>	1.525	0.275	-1.25	0.105914	39	11.80193	0.000

As the *t* is 11.80193 which > 1.96 so here we reject the Null Hypothesis that *Vajraka Ghrita* has no effect on *Strava* in *Vicharchika*. Thus *Vajraka Ghrita* has effect on *Strava* in *Vicharchika* which is highly significant.

Subjective Parameters

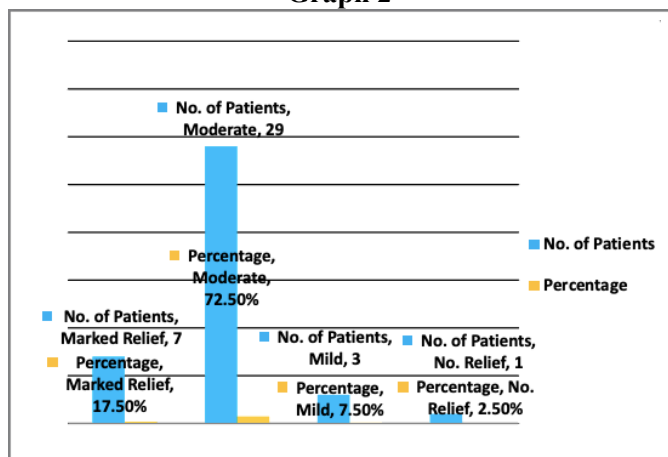
There was also reduction in complaints of patient like *Kandu*, *Daha*, *Ruja* of patient due to the Pacification of associated *Dosha*.

Overall effect of therapy on *Vicharchika*

Table 5: Showing the overall effect of the therapy

Relief	Number of	Percentage
Marked Relief	7	17.5%
Moderate	29	72.5%
Mild	3	7.5%
Number Relief	1	2.5%

Graph 2



In this series of 40 patients about 29 patient i.e. 72.5% got Moderate Relief, followed by 7 patient i.e. 17.5% patient got Marked Relief, 3 patient i.e. 7.5% got Mild Relief and 1 patient i.e. 2.5% was not having any relief.

Discussion

The excruciation Skin ailments are attacking the mankind since the past ages. Vaidic literatures provide multiple evidences of such efforts in form of prayers and Herbs by naming all the Skin disease under the term *Kushtha*. *Kushtha* is always *Tridoshaja* in origin. Charaka opines at this to treat the Dominant *Dosha*. (11)

The classical texts have described *Vicharchika* as having three main features as *Kandu* (Itching), *Pidaka* (Lichenification), *Bahustrava* (Oozing), on basis of these *Vicharchika* is considered as a clinical condition in which the *Shyava* (dusky) coloured lesion i.e. *Pidaka* with profused *Itching* or *Ruja* may develop anywhere in body and might be wet or dry. It is quite similar to the Atopic Dermatitis/Eczema as two classical criteria; the

eruptions in Eczema are that itches and causes Vesication or blistering skin. The first manifestation is Erythema or Reddening of skin. There may be oozing from the affected area. (12) The persistence of this condition leads to thickening and scales in skin. *Kushtha* is mentioned as *Kushtha Dirgharoganam* (13) (Chronic long term diseases) and hence there is complete packaged treatment of *Kushtha* is mentioned by Acharyas. Amongst all the diseases *Kushtha* is the only disease where the *Ghritakalpanas* in classical texts are widely uses. *Kalayukta Sneha* administration is mentioned by Acharyas. There are so many *Ghritakalpanas* are mentioned in classical texts. (14) On consumption of *Vajraka Ghrita* as a *Shamana Sneha* for duration of 30 days; In series of 40 patients, The drug was highly effective in *Kandu*. All 40 patients were having relief in *Kandu* symptom. This might have occurred as *Vajrak Ghrita* contains of *Vyaghri*, *Karanj*, *Triphala*, *Patol*, *Nimba* which are nothing but *Kandughna Dravyas*. *Ghrita* caused reduction in *Rukshata* and might had caused *Snehana* which pacified vitiated *Vata* and the drugs processed with it were *Kaphashamak* so might had pacified vitiated *Kapha* and so as *Kandu*.

In this series, all 38 patients i.e. 100% patients complaining *Strava* got relief in *strava* which is cardinal symptom of *Pitta*. The drug *Amrita*, *Nimb*, *Patol*, *Vasa*, *Triphala Ghrita* are *Pittashamak* so they pacifies vitiated *Pitta* and so the *Strava*. The Herbs used are *Krimighna*, *Grahi*, *Stambhak* so they reduced *Strava* significantly.

In the series 26 patients got relief in *Pidaka* which occurred due to *Rasa*, *Mansa*, *Rakta*, *Pitta Dushti*. These drugs Pacifies *Rasa*, *Rakta*, *Pitta* and so the *Pidaka*. The proportion of reduction is less as compared to other 2 symptoms; it might be due to less tendency of *Ghrita* (*Vajraka Ghrita*) for *Chhedana*.

Probable Mode of Action of *Vajraka Ghrita* :

Vicharchika is a Result of vitiated *Vata*, *Pitta*, and *Kapha*. The Dushtyas involved are *Tvak*, *Rakta*, *Mansa*, *Lasika*. The Disease is having *Bahya Rogamarga* i.e. mode of Entry *Bahya*. (15)

According to Acharya Dalhana *Tvacha* and *Rasa Dhatu* are similar to each other. So *Rasavaha strotas Dushti* and *Raktavaha Strotodushiti* is involved in Skin Diseases.

Being tridoshaj there is involvement in *Vicharchika* along with *Kapha* dominancy. (16) The selected drugs must be *Tridosha Shamaka* along with *Kaphashamana*. The experimental (Present) drug

Vajraka Ghrta is referenced from Ashtang Hridayam, Chikitsasthan Adhaya 19 in *Kushthachikitsadhikar* which is found to be very effective in *Vicharchika*. (9)

There are 7 drugs i.e. Herbs taken in all in equal quantity along with ghrta in quantity of 4 times that of Herbs, all the 7 herbs used in preparation are having *Tikta Rasa*, 4 drugs having *Katu Rasa*. Out of these, 3 drugs having *Laghu* and *Ruksha Guna*. *Katu* and *Tikta Rasa* acts on *Kapha dosha*. *Laghu* and *Ruksha gunas* are *Kapha-shamak*. *Kashay Rasa* acts as *Stambhan* along with *Kapha shaman* it might have caused reduction in *Strava*. *Snigdha guna* of acts *Vatashamak* along with suppressing the *Rookshata* (Dryness) *Madhura Rasa* along with combining drugs in *Ghrta* acts on *Pitta*. (17)

Drugs like *Guduchi*, *Vasa*, *Patol*, *Nimba*, *Vara*, *Karanj*, *Vyaghri* acts as *Kushthaghna*, *Kandughna*, *Tridoshashamak* togetherly. The *Ghrta* might have pacified vitiated *Vata dosha* along with *Pitta dosha*. When it was processed with all these 7 Herbs it also pacified the *Kapha Dosha*.

Vajraka Ghrta when given in *Shaman matra* might have pacified *Tridosha* along with improvement in symptoms and signs like *Pitika*, *Shyavata*, *Kandu*, *Daha*, *Ruja* etc.

Vajraka ghrta has dominant *Tikta*, *Katu*, *Kashay Rasa*, *Laghu Rooksha Guna*, *Ushnavirya*, *Katu vipak*. It acts mainly for *Kapha Vata Dosha*, so along with pacifying *Doshas* during *Shamana Snehapana* it causes symptomatic relief.

Conclusion

After the completion of study, final Conclusions drawn on the basis of deductive reasoning of data obtained from the Conceptual and Clinical work are as follows:

Vajraka Ghrta was effective in *Kandu* symptom of patient which was observed highly significant statistically. In this study all the 40 patients were having improvement in *Kandu*. It is due to the *Snigdha Guna* of *Vajraka Ghrta* along with *Kushthaghna*, *Kandughna*, *Krimighna* properties of drugs with which it was processed. *Vajraka Ghrta* was effective in *Strava* ($P < 0.001$) which was statistically highly significant. The drugs used in *Vajraka Ghrta* having *Tikta-Kashay Rasa* as dominant leading to *Kledopashoshan* and *Grahi* which resulted in reduction of *Strava* in all 39 patients. *Vajraka Ghrta* was effective in reduction of *Pidaka* ($P < 0.001$) which was statistically highly significant due to *Lekhana Karma*, *Kaphaghna* properties of drugs used in it. But practically there was reduction of *Pidaka* in 26 patients.

Vajraka Ghrta has very effective in treatment of *Vicharchika* about 7 patients having Marked relief which was $>75\%$, 29 patients having Moderate relief about 50-75%, 3 patients having Mild relief 25-50%, 1 patient having no relief i.e. $< 25\%$. *Vajraka Ghrta* has significant role in treating *Vicharchika* (Atopic Dermatitis/Eczema)

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